

	SP1	SP2	SP3	SP4	SP5	Barn
11AM-12PM	B-SUSSED A discussion on what is net zero? Ways and tips to reduce energy usage	'A Failure of the Imagination' - 10 min documentary about Silo, the first 5 years of the worlds first zero waste restaurant here in Brighton.		BRIGHTON YOGA will be running a yoga session and talk about how yoga & forest bathing make the perfect combination!		BRIGHTON PERMACULTURE - Workshop on how and why to Mulch!
12PM-1PM	URBAN WILD GARDEN - A talk on how to increase biodiversity and wildlife habitats based on the book, "Rewilding An Urban Garden: An Illustrated Diary of Nature's Year.	CONSCIOUS LABS - Children's sustainable fashion-customise your clothes and clothes swap.Please bring an item with you, that you would like to customise on the day. The workshop will range from surface application - such as fabric paints (suitable for 6-9 year olds) and appliqué sewing and embellishment (suitable for 10 - 12 year olds)	FARESHARE - FERMENTATION - workshop and demonstrations on how to ferment food at home.			COMPOST CLUB - talk - join Michael Kennard and learn how to community compost - how to make gold-standard compost

1PM-2PM	<p>YOUNGWILDERS - A charity that involves young people in the rewilding movement, will talk about their rewilding projects and nature recovery, and how to get involved in the movement.</p>	<p>CONSCIOUS LABS - Children's sustainable fashion-customise your clothes and clothes swap.Please bring an item with you, that you would like to customise on the day.</p> <p>The workshop will range from surface application - such as fabric paints (suitable for 6-9 year olds) and appliqué sewing and embellishment (suitable for 10 - 12 year olds)</p>			<p>JULIA BEHRENS-HERBALISM - talk 'Sustainable Health Care' . How Herbal medicine is a sustainable health care system.</p>	<p>COMPOST CLUB - talk - join Michael Kennard and learn how to community compost - how to make gold-standard compost</p>
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2PM-3PM	<p>THE WERKS -A talk on helping others to reach Net Zero practicalities. The Werks run commercial affordable space as a non profit to help small companies grow. They have invested in sustainability since 2010.</p>	<p>CONSCIOUS LABS - Children's sustainable fashion-customise your clothes and clothes swap.Please bring an item with you, that you would like to customise on the day.</p> <p>The workshop will range from surface application - such as fabric paints (suitable for 6-9 year olds) and appliqué sewing and embellishment (suitable for 10 - 12 year olds)</p>	<p>FARESHARE - FERMENTATION - WORKSHOP and demonstrations on how to ferment food at home.</p>			<p>BRIGHTON COMMUNITY WORKSHOP PROJECT - Sharing and teaching traditional skills to help people reuse, repurpose, repair, recycle things. come and say hello and learn how to make, create, repair and repurpose things already in the economy rather than always buying new.</p>
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3PM-4PM	SEEDLEAVES GROWING TOWERS - A talk on Soilless growing. We will look at different techniques and how you can grow at home using aeroponic vertical farming allowing you to bring horticulture directly into the urban environment, into places you can't grow with soil.	‘A Failure of the Imagination’ - 10 min documentary about Silo, the first 5 years of the worlds first zero waste restaurant here in Brighton.		BRIGHTON YOGA will be running a yoga session and talk about how yoga & forest bathing come together to make the perfect combination!	FINE TUNED WARDROBE sustainable fashion workshop - The most sustainable item out there is already hanging in your wardrobe and by restyling and taking great care of what we have will help what we have last longer.	BRIGHTON COMMUNITY WORKSHOP PROJECT - Sharing and teaching traditional skills to help people reuse, repurpose, repair, recycle things. come and say hello and learn how to make, create, repair and repurpose things already in the economy rather than always buying new.
4PM-5PM	YOUNGWILDERS - A charity that involves young people in the rewilding movement, will talk about rewilding and nature recovery, and how to get involved in the movement.	‘A Failure of the Imagination’ - 10 min documentary about Silo, the first 5 years of the worlds first zero waste restaurant here in Brighton.				